

WHAT SERVICES ARE AVAILABLE?

- ◆ **Support and Education Services**
 - Consumer/Family Advocacy
 - Consumer Self-Help
 - Employment
 - Rehabilitation
 - SacPort
- ◆ **Assisted Access Services**
- ◆ **Outpatient Services**
 - **Regional Support Team Services (RSTs)**
 - **Adult Psychiatric Support Services (APSS) Clinic**
 - **CalWORKs**
- ◆ **Older Adult Services**
- ◆ **Integrated Services Agency Services (ISAs)**
- ◆ **Full Service Partnerships**
- ◆ **Homeless/Housing Services**
 - **Outreach Services**
- ◆ **Crisis Residential**
- ◆ **Intensive Placement Services**
- ◆ **ACT Homes (Board and Care)**
- ◆ **Mental Health Rehabilitation Facilities**

All planned services must be
Pre-authorized by the
Adult Access Team
(916) 875-1055

TTY/TDD: (916) 874-8070



Adult Mental Health Community Services and Supports

For additional information on
adult mental health issues and ser-
vices, please contact:

ADULT ACCESS TEAM

(916) 875-1055

Toll Free: (888) 881-4881

TTY/TDD: (916) 874-8070

CENTRAL ADMINISTRATION

7001-A East Parkway, Ste. 300

Sacramento, CA 95823

Phone: (916) 875-7070

California Relay Service: 711

Fax: (916) 875-6705



County of Sacramento
Department of
Health & Human Services
**DIVISION OF MENTAL
HEALTH**

www.sacdhhs.com

Sandy Damiano, PhD, Chief
Adult Mental Health Services

Leland Tom, Director
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Division of
Mental Health

**Adult Mental
Health Services**

HOW DO I OBTAIN SERVICES?

The Adult Access Team is the entry point for services within the Sacramento County Division of Mental Health. The Access Team is staffed with mental health clinical staff who provide information, assess for service needs, authorize mental health service and make referrals.

Anyone may request mental health services by calling the Access Team. Access is comprised of two teams: One for adults/older adults, and one for children/youth. Mental Health Access provides information twenty-four hours a day, seven days a week, 365 days a year.



Adult Access Team:

(916) 875-1055

Toll Free:

(888) 881-4881

TTY/TDD:

(916) 874-8070

Fax:

(916) 875-1190

Monday-Friday
8:00 a.m.-5:00 p.m.

The Access Team provides telephone response, screening assessments, and referral services. The team establishes linkage with appropriate county or contracted mental health providers.

Bilingual staff and/or interpreters are available at no charge. A clinician fluent in ASL is also available.

WHO CAN REQUEST SERVICES?

Any individual, advocate, or client representative can request services from Access. An advocate is a relative, community agency staff, physician, school staff, or other interested party.

WHO QUALIFIES FOR SERVICES?

Adults seeking services must be Sacramento County residents and meet eligibility criteria.

HOW DO I GET EMERGENCY HELP?

If you have a psychiatric emergency or need urgent care, you may call the Sacramento County Mental Health Treatment Center's (MHTC) main line at (916) 875-1000, **California Relay Service at 711** or for the Psychiatric Emergency line call (916) 732-3637, **California Relay Service at 711** to reach a mental health professional. Any individual may also go or be taken to the Mental Health Treatment Center located at 2150 Stockton Blvd., in Sacramento.

ARE SERVICES CONFIDENTIAL?

All client mental health information is confidential. Information is not released to others, except with client permission or as allowed by Federal and State Law.

PROBLEM RESOLUTION/MEMBER SERVICES

If you need help, you may call:

Member Services at (916) 875-6069

Toll Free at (888) 881-4881

TTY/TDD at (916) 876-8853

Patient's Rights at (916) 737-7104

California Relay Service: 711

OUR COMMITMENT

The Division of Mental Health promotes collaborative, culturally competent services and support systems and strives to provide a system of care that promotes recovery/wellness for adults and their families from severe mental illness.

The County of Sacramento does not discriminate on the basis of a disability in admission to, Access to, or operations of its programs, services, and activities. If you need an ADA accommodation in order to participate in or have Access to a county program, service, or activity in the Department of Health and Human Services, Division of Mental Health, please contact:

Connie Nickel, Senior Office Assistant

TTY/TDD: (916) 876-8853

Voice: (916) 875-0844